* Be generous with your smiles.
* Commit daily acts of kindness.
* Respect the Earth.
* Walk in a forest.
* Plant a tree.
* Don't pollute.
* Live simply.
* Erase a border in your mind.
* Teach peace to children.
* Be honest.
* Think about consequences.
* Commit yourself to nonviolence.
* Speak up for a healthy planet.
* Be fair.
* Ask questions.
* Recognize your unique potential.
* Be less materialistic.
* Be more loving.
* Use your special talents for a more harmonious world.
* Help the poor.
* Study the lives of peace heroes.
* Make decisions as though all life truly matters. It does!
* Laugh more.
* Help educate the next generation to be compassionate and responsible.
* Accept personal responsibility for creating a better world.
* Sing.
* Write a poem.
* Learn about another culture.
* Help someone.
* Climb a mountain.
* Clear your mind.
* Breathe deeply.
* Fight for the environment.
* Think like an astronaut, recognizing that we have only one Earth.
* Be constructive.
* Change a potential enemy into a friend.
* Share.
* Be more peaceful.
* Send a note of appreciation.
* Tell your friends how much they matter.
* Say "I love you" more.
* Don't tolerate prejudice.
* Recognize that all humans have the right to life.
* Respect the dignity of each person.
* Spend time in nature.
* Be thankful for the miracle of life.
* Celebrate peace.